

getting ready for your new arrival

we've come up with a helpful checklist of all the things you might need.

mum to be

- 3 x maternity bras
- 3 x nursing bras
- 2 x sleep bras
- hospital bag
- maternity trousers/jeans
- nightwear
- maternity tops
- maternity swimsuit



baby

- 6-8 x sleepsuits
- 4 x wrap-over vests
- 6-8 x bodysuits
- 3-4 x daywear outfits
- 2 x hats
- 2 x cardigans
- 3 x sock(pairs)
- 3 x baggies
- 2 x scratch mitts
- jacket/pramsuit
- shawl



going out

- pushchair
- carry cot/pram
- parasol
- mothercare weathershield™

car safety

- infant car seat
- sun blinds

general

- changing bag
- baby carrier
- cosytoes

little rooms

- moses basket & stand or crib
- cot or bed
- nursery furniture
- new mattress
- room thermometer

bedding for moses basket, crib, cot or cot bed

- 4 x fitted mattress sheets
- 4 x top sheets
- 2-3 x blankets
- 1-2 x baby sleeping bags

feeding time

breastfeeding

- 3 x nursing bras
- 2 x sleep bras
- breast pads
- breastfeeding pillow
- muslin squares
- bibs

you may also need:

- breast pump
- storage bags/bottles
- nipple cream
- nipple shields/breast shells
- sterilising equipment

bottle feeding

- 4 x feeding bottles
- 4 x teats
- infant milk formula
- sterilising equipment
- bottle & teat brush
- muslin squares
- bottle warmer
- bibs

splish splash

- baby bath
- baby nail scissors
- brush & comb set
- non-slip bath mat
- top 'n' tail bowl
- bath thermometer
- bath support
- baby box
- baby toiletries, baby wipes, nappies, cotton wool, barrier cream
- nappy pail or nappy wrapper
- cuddle 'n' dry robe & changing mat



time to play

- cot mobile
- bouncing cradle or swing
- playnest, gym or mat
- 2 x soft rattles
- 2 x soft fabric books
- soft newborn cuddly toy

optional extras

- nursing chair
- baby listening monitor
- cot light
- changing unit or dresser
- soothers/dummies travel cot

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mothercare

get ready for your new arrival

book your in-store nursery advisor

at mothercare, we understand that expecting a baby can be both exciting and a little daunting.

with so many decisions to make and plenty of well-intended advice from family and friends, it can be difficult to know what you need and when you need it.

our Nursery Advisor service is available to guide first-time parents through all the different options available, in order to help find the right products (with no purchase necessary).

make an appointment with our nursery advisor today!

book your appointment today at
www.mothercare.com.sg

do also join us at
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for latest parenting tips and promotions!

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