

WEST COAST PARK



West Coast Park at a Glance

If you have kids who are old enough to enjoy playgrounds independently, West Coast Park is a must-visit. Visiting the Park with a baby in stroller for a walk or picnic can also be really enjoyable. The Park covers almost the entire stretch of the West Coast Highway, starting just after Pasir Panjang Road. The most exciting and busiest part of the park is near car park 3 where McDonald's is located. There, a very large Adventure playground with various sections awaits. Each section also specifies the age range for safe play.

Take a stroll through the Park and enjoy the sea view or find a sheltered spot and have a picnic. Many youths and young adults visit during the weekends for soccer, ultimate frisbee games or kite flying at the open fields.

Kids can also have some fun in the sand at the Sand Bed but there's limited shade provided in that area.

Other activities offered at the park include group exercise with a company called Let's Get Physical. Go to www.letsgetphysical.com for details.

1. McDonald's Landmark

The McDonald's Restaurant is a very obvious landmark at West Coast Park since it is located right on West Coast Highway and next to car park 3. The restaurant offers both indoor air-conditioned and lots of outdoor seating. There is also a McCafe for park dwellers wanting a latte break. The restaurant and cafe are a very short walk to the playground and activity hub of the Park, making it easy

for you to wait there with baby in cool comfort if your older children want more time at the playground.

2. Adventure Playground

There are eight areas at the Adventure Playground for toddlers and teens (up to 15-years-old)! Younger kids will love the themed playground fixtures at area 5 that includes a large ship that is great for imaginative play.

If you ask any parent who has visited West Coast Park, you'll know that the massive playground is the main highlight. It is so huge, there's a map just for the playground! Each area has an instruction sign that shows each piece of equipment and its usage and benefits. It's a good idea to encourage your child to read the info first since many pieces of equipment are uncommon. Fun and safety will be maximised when play starts if they know how to play with it correctly.

3. Breezy Relaxing Stroll by Sea

Although there is no swimming at West Coast Park, you can still enjoy the serenity that water brings by sitting, walking or riding your bicycle alongside the sea as you admire the docked ships and sea vessels. Seating areas provided much needed shade and picnic spots.

4. Running and Flying Games

With its large open fields, you can enjoy a game of ultimate frisbee, soccer, or any other running sports. Hobbyists have also been seen visiting the Park with flying toys as the field provides a softer landing pad.

Visit www.nparks.gov.sg for more info.